Inspiring Hope:
Bilateral knee surgery restores independence for local woman

*Betty’s Story Inside . . .

...any limits are limits I place on myself.
– Betty Bitner, Grateful Patient

Your gift *matters*!
President’s Message

You make the great work highlighted in this newsletter happen. We are deeply grateful for your support. Because of you, we are strong.

Today, we are starting a new journey to make local health care even stronger. For years, WellSpan Health has been a good neighbor. We have a long history of collaboration.

An affiliation with Wellspan Health brings together all our talents and strengths to improve health, expand services, and keep it affordable - close to home.

Rest assured, your donations will continue to serve our hospitals and services as you intend them to. How and where your support is invested stays right here.

Our future is strong because of you. Your gifts inspire hope for friends, family, and neighbors. I know your dedication will remain just as strong in the future as it is today.

Thank you for that loyalty. When neighbors work together good things happen.

Pat O’Donnell
President & CEO Summit Health

Inspiring Hope and Gratitude

Betty Bitner, a retired college professor, has always had an independent streak. Over the years, she has power-washed her home, climbed ladders to her roof, and fixed her own drains. At 73, she lives life with few limitations.

But, that wasn’t always the case. In 1998, she was diagnosed with rheumatoid arthritis in her knees and feet. She had foot surgeries, but continued to have issues over the years.

Last year, a friend encouraged Betty to get help for her pain. She chose Summit Orthopedic Group.

“It was the reputation there I had heard about from classmates, a neighbor, friends, my sister’s friends.”

Her surgeon, Dr. Roger Robertson, said both knees were damaged from her arthritis and she was a candidate for bilateral knee surgery. “I want to be active again – I want to bike again, I used to cross-country ski …” Bitner explained to the doctor. She had her surgery in March 2017.

Today, Betty is thinking about a few bike rides while the weather is nice. “I just feel that I can do almost anything I want to now. I don’t have a fear of falling, I can play with my little great-grandnephews,” she explained.

Thank you, Betty, for sharing your experience!

To see more of Betty’s story: www.summithealth.org/inspire

“Dr. Robertson and his team are so wonderful. In my 73 years, I’ve had a few surgeries and I’ve never had a team like this.”

Save the Dates!

Upcoming events to support vital programs, scholarships, and services. Visit www.summithealth.org/charityevents for details.
How do you express your love for the most important person in your life? For Retired Brigadier General Robert J. Lundy, Jr., that person was his wife, Marie Mirabello Lundy. Marie worked for 31 years as labor and delivery nurse at Chambersburg Hospital. She was a board-certified Registered Nurse in OB-GYN and a Childbirth Education Specialist. Marie’s commitment to nursing and passion for helping new babies and parents were at the core of her being.

Tragedy struck when Marie suffered a major brain aneurysm that ended her nursing career and changed her life. For the next 24 years, Bob Lundy ensured Marie’s comfort and health care needs were met. He was by her side every step of the way until her passing in September 2017.

Wanting to honor her life, Bob made a gift to the Neonatal Intensive Care Unit (NICU) in support of the area of care Marie so loved. The NICU nursing station has been named after Marie and serves to inspire current and future nurses.

“I think Marie would be very pleased that I chose to honor her in this fashion,” says Bob. “I know the care newborns and their mothers receive here would meet Marie’s high standards.”

“My Why” Employee Spotlight

“I became a part of the Summit family in August of 2017. Although I worked outside of Franklin County for years, I have always made an effort to volunteer and support the community I grew up in.

Cardiology and patient care has been a part of my entire professional life. Heart disease has impacted my family and many others that are special to me in some way. When I heard about the Patient Emergency Assistance Fund, I knew this was how I could continue to support the people that mean the most to me.

The iGive program is a great way that I can continue to inspire hope for others, regardless of the amount. It’s my small way of saying thank you to the community that has always been dear to my heart!”

– Thomas Shupp, Practice Administrator
Summit Cardiology & Summit Interventional Cardiology

The Patient Emergency Assistance Fund for Cardiology has helped with essentials like cardiac medications, heart-healthy cookbooks, digital bathroom scales, and blood pressure cuffs for people who can’t afford them.

Others, like Tom, help to sustain the fund which is solely supported by community and employee donations and small grants. Please join Tom to help others. You can give at www.summithealth.org/giving.

Save the Dates!

• Sept. 21  Mike Bingaman Memorial Car Show Cruz-In - Marion Festival Grounds 5-8 p.m.
• Oct. 6  Bowl for Mike Bowl-a-Thon - Nellie Fox Bowl 4-10 p.m. (no registration necessary)
• Oct. 14  “Strike” Out Cancer Bowl-a-Thon - Nellie Fox Bowl 1:30 p.m. (pre-registration required)
• Oct. 27  Strokes for Strokes Tennis Tournament - The Tennis Club 2-8 p.m. (pre-registration required)
A Legacy of Caring for Others

At age 84, Rodney Shatzer is on the go just about every day.

Rod worked in the Chambersburg Hospital Pharmacy for 23 years, and he retired at the age of 55. He’s never regretted his “early” retirement. It’s allowed him to be very involved with his church’s ministries.

He visits the elderly regularly, meets bi-weekly with his church knitting, crochet and quilt group, and lunches with hospital friends and other retirees each month to stay in touch and keep up on hospital news.

Rod recently informed us that he included Chambersburg Hospital in his will. It’s not surprising that he’s chosen to support the hospital with a gift from his estate. His mother, Florence Shatzer, was also a hospital volunteer for 20 years and a generous gift was made from her estate.

In May, Rod was welcomed into the hospital’s Legacy Society at the Donor Appreciation Dinner. He and other Legacy Society members know local healthcare is important and charitable gifts are vital.

If you are writing or updating your will please consider including your hospital as a beneficiary. Your gift won’t cost you anything today but, just like Rod, you’ll touch many patient lives.

2018 Philanthropists of the Year

The Stences were honored for their generous gifts to Chambersburg Hospital over the last five decades. They’ve supported capital campaigns, the annual fund, and nursing scholarships. They are also Legacy Society Members and have included the hospital in their estate plan.

Lucille and Lew are among the hospital’s strongest advocates and ambassadors. We are so grateful for their support and partnership.

Director’s Thoughts

I’ve talked about change quite a few times in this column. That’s the nature of change…it’s ever present, and it can be challenging, even for the most open and flexible of us.

You’ve heard the news of Summit’s impending affiliation with Wellspan. Think of it not just as change, but as an enhanced and positive joint venture for healthier living in your community.

As for charitable giving, we will continue to raise funds for local health care, just as we always have. We’ll be moving into a foundation model, but our daily work on behalf of our hospitals will not change.

We’re on the cusp of a bold, new and shared future that strengthens our current mission of Inspiring Hope for a Healthier Life.

Please join me and my colleagues as we confidently move forward with a positive change for a healthier you!

Deborah Strong, CFRE, CSP
Director of Development
& Assistant to the President
Local Thirty-One Consultants Give a Priceless Gift

Thirty-One Gifts Independent Consultants held a Chemo Comfort Totes fund raiser for patients at Summit Cancer & Hematology Services. Each of the 97 totes they donated was filled with comfort items a cancer patient might enjoy while undergoing chemotherapy treatments.

L-R: Renee Pugh; Amber Tarman; Dr. Robinson, Oncologist; Marilyn Murphy, Clinical Manager; Hilary and Keaton Conaway.

Waynesboro Hospital Employees – Family Style Giving

Employees at Waynesboro Hospital say they feel like family. One way they care for each other is through their Employee to Employee Assistance Fund (EEAF). Started last April, nine employees have received help.

One anonymous recipient shared how unexpected illness and a health emergency put their family into a financial crisis. “This help I received helped me get my rent caught up...pay my electric and get prescriptions. I want to say thank you so much.”

Some employees choose to sustain the fund through payroll giving. Others hold fund raisers. A cookbook sale raised over $1,600 and the Waynesboro Hospital Lab recently donated $300 from a Lab Week celebration.

“I am happy to help my co-workers through difficult times. It is our culture to help one another,” says Melissa Dick, Director of Patient Services.

When the fund started to dip dangerously low, employees sprang into action with a Coins For Co-Workers fund raiser. They gave out green cups for spare change that employees can drop off in the cafeteria. “It’s just a way everyone can help,” says EEAF coordinator, Cheryl Parks. “We are lucky to have so many caring employees.”

There are EEAFs at both hospitals and Summit Physician Services.

Welcome New Giving Club Members

Chambersburg Hospital 1895 Club ♥ Waynesboro Hospital 1922 Club

1895 Club
Dr. Tarra Shea Bachtell
Dr. Rachel and Dr. Michael Day
Dr. Stephen and Mrs. Tracie Flack
Bruce and Cindy Kehr
Mr. Robert J. and Marie Mirabello Lundy, Jr
Dr. Laszlo Madaras
Dr. Frank and Mrs. Diana Mozdy
W. Mickey and Phyllis Nye
Lee and Teri Wenger
The Waynesboro Area Gala Cancer Auction
Wells Fargo Advisors, LLC

1922 Club
George and Martha Buckey
The Waynesboro Area Gala Cancer Auction
Wells Fargo Advisors, LLC

Learn more at
www.summithealth.org/ways2give

Members commit at least $10,000 over a maximum of 10 years to support their hospital or an area of care.
Carrying on Deb's Mission

_The Giving Fund_ board members thought their charitable organization’s work was over when founder, Deb E. Mumma, RN, passed away in 2016. Deb, a beloved nurse at Chambersburg Hospital, worked tirelessly through her own illness to help others. Without Deb, it seemed like _The Giving Fund_ would not continue. That was until Deb’s friends and fund board members, Molly Lutton and Sharon Brosius, heard that an event to support the hospital’s Hennessy Home had ended.

“I was at a donor appreciation dinner when I learned the Cottage Open was ending,” said Molly Lutton. “I hated to think that there wouldn’t be any help. I thought, ‘I can do this!’ ”

Soon after, Molly met with Beth Stephey, Donor Relations & Annual Giving Officer at Summit Health, to talk about the possibility of having _The Giving Fund_ hold a golf tournament to support both the Hennessy Home and the Oncology Bridge Fund.

“This was amazing news! I know what goes into a golf tournament and I wanted their event to be the best possible experience for them,” said Beth Stephey. “The fact that she’d never actually planned an event like this didn’t worry me a bit. Molly Lutton can do anything.”

Molly quickly rallied a team to help, made a game plan, and the 1st Annual Deb Mumma Memorial Classic was underway. Within months they had great sponsors, wonderful prizes, and by mid-July the tournament was full. So full, they had to rent extra carts!

Congratulations Molly and everyone on _The Giving Fund_ golf committee! And, thank you for all the time, effort, and love you put into honoring Deb in such a fitting way. Well done!!

Save the Date! August 23, 2019 for 2nd Annual Deb Mumma Memorial Classic

_The Hennessy Home_ provides temporary, affordable lodging for patients receiving cancer care and serves as meeting space for support groups. _The Oncology Bridge Fund_ helps cancer patients who are having trouble making ends meet at a time that can be financially draining.

They say angels are all around...

Two special groups are doing angelic work for their hospitals: The Chambersburg Area Hospital Auxiliary and the Waynesboro Hospital Auxiliary.

Each year the two groups join forces to do even more good through a shared event - the Hospital Auxiliaries Golf Tournament.

Since the event began, they’ve donated over $469,000 toward new equipment and facilities upgrades, enhanced programs and services, and scholarships for health career students.

**Do you want to be a part of something GREAT?** Join your hospital’s Auxiliary today. The people you’ll meet and lives you’ll touch will forever be enriched by your kindness.

For more information:

Chambersburg Area Hospital Auxiliary (717) 263-3176 | Waynesboro Hospital Auxiliary (717) 765-4000 ext. 5205