



Program Spotlight

South Central Community Action Programs The Gleaning Project

This grant expands on the outcomes from the 2018-19 grant with a goal of seeking additional growers, farmers, and community partners to further enable the program to glean more produce that will in turn be distributed to additional families/individuals. The program is partnering with WellSpan Health on a program to direct patients to the SCCAP produce stand and encourage the consumption of more fresh fruits and vegetables.

Activity Focus

- The Gleaning Project is a fresh produce recovery and just-in-time distribution model. Initial efforts focus upon growers, volunteers, community partners, and distribution infrastructure. Approach includes:
- Developing relationships with local growers
- Recruiting and coordinating volunteers
- Building a distribution network that is wide (geographic-spread throughout the county) and deep range of various types of partners, i.e., food pantries, schools, educational programs, housing)
- Designing logistical infrastructure for produce distribution
- Glean – June through November

Results of 2018 Grant

- 265 different individuals contributed 1,326 hours of volunteer time at 230 hosted volunteer events during the 2018 season.
- As of Oct. 31, 2018, 21,618 pounds of produce was gleaned, with 17 growers donating in total.
- A survey was given to Eaters who visit the SCCAP Produce Stand about how the fresh produce affected their well-being. Of the 37 Eaters interviewed, 25% said that it helped them meet their health goals.
- The program worked with WellSpan/Summit Health to conduct a Nutrition Block Party at The Towers. They introduced butternut squash to the participants as a healthy and affordable produce item. Out of 11 returned evaluations, 55% had never tried butternut squash before the block party; 73% reported that they would recreate the recipe at home.

- A Pumpkin Chili sampling event was hosted at the SCCA Produce Stand to introduce their Eaters to different ways to eat pumpkins. Seven out of nine participants stated that they enjoyed the flavor and eight of them took recipe cards home with them. This event inspired Gleaning Program staff to make similar sampling events a regular part of the SCCAP Produce Stand during the 2019 season.

Outputs and Activities

- Weekly phone calls with local grower donors (two new and 20 existing farmers) to improve relationships and develop new contacts. During the winter months, the program visits all participating farmers in person to deliver their year-end packets, which include surveys. An appreciation breakfast was also organized for the growers/gardeners in February.
- Outreach through local agriculture organizations. The program was able to participate in six outreach events from November through February, which included a Mini Health Fair at the Towers and educating students at Corpus Christi School about Gleaning.
- Continued effort to recruit and coordinate volunteers including tabling at local events, group presentations, local press coverage, a totally redesigned website, social media presence (Facebook, Instagram, and online blog), and continued honing of hard copy and electronic marketing materials.
- Created a new program with WellSpan/Summit Weight Management to provide low-income, medically needy families with gleaned produce over 13 weeks.
- A recipe card project was established between The Gleaning Project, WIC nutritionists and SCCAP's Chambersburg Food Pantry. Fifty unique cards, each showcasing the nutrition of a fruit or vegetable and accompanying recipes, are available at their produce stands and shared with distributing community partners. They are also being translated into Spanish.



Building a Culture of Health



Total Funding
Awarded in 2019
\$283,144

The conditions where people live, learn, work, and play affect their health risks and outcomes. These conditions are known as social determinants of health. The Summit Endowment strives to better understand and address the social determinants of health and identify the distinct needs of vulnerable populations. Throughout the year, the endowment improves the health of people living in Franklin County by supporting many health initiatives and developing programs and activities offered by other nonprofit organizations as they, too, work to improve the health of the Franklin County area.

2019 Summit Endowment Grant Awards

The following organizations were awarded grants for their efforts in addressing the health needs of Franklin County:

Mainstreet Waynesboro, Inc. Downtown Farmers Market: Market in the Park – The market runs 20 consecutive Saturdays at Main Street Park from May 25–October 5, offering fresh, local produce at reasonable prices. There are presentations the first Saturday of every month on food preparation, and a community health nurse is available on the third Saturday of each month to answer questions and check blood pressures.

Waynesboro Area Business Education and Community Foundation (WABEC): Quest for SEAL- This program is designed to mitigate the district's lack of mental health intervention services for students in the middle and high schools. By adding a full-time social worker to assist with these issues, the connections between students, parents, teachers, and social service agencies are provided to the school district.

Capacity Building Workshops

In 2019, the Summit Endowment offered education to help community organizations enhance skills to achieve success. Two grant-making Workshops, offered in the Chambersburg and Waynesboro areas, were held to support nonprofit organizations in preparing successful applications for Summit Endowment funding.

Chambersburg Memorial YMCA: LIVESTRONG at the YMCA II – Participants meet for a 90- minute session, twice a week. Three 12-week sessions are planned. Instructors perform functional assessments in week one and participants receive an individualized exercise program. This program is offered at no charge to participants.

Summit Physician Services: The Community Health Worker- This grant serves as a link or liaison between the health/social services and the community to facilitate access to services, increase health knowledge and self-sufficiency, improve quality and cultural competence of service delivery, and close health care gaps.

Noah's House Recovery Homes: Gracie's Place- Gracie's Place offers a home to 12 females in Franklin County conducive to long-term recovery through a loving, supportive environment. The home offers an atmosphere of accountability and support, navigating clients to supporting agencies that address drug or alcohol addiction, mental health, and physical needs. Gracie's Place promotes long-term recovery through optimal opportunities that result in change.



Shippensburg University Foundation: Shippensburg Community Resource Coalition- This program provides weekend backpacks filled with nutritious food for children and their families with food insecurity in the Shippensburg Area School District. The food selected includes fruits and vegetables. The program was awarded an Accelerating Community Impact Grant in 2018 as well as a Level I grant in 2019.

Happy Feet Walking Parties at the Franklin County Housing Authority-WellSpan/Summit Health- This program engages Franklin County Housing Authority community members in a four-week walking program to increase physical activity levels in program participants.

Greencastle-Antrim Endowment Scholarships

Greencastle-Antrim Endowment, a component of the Summit Endowment, awarded nine scholarships to graduating seniors at Greencastle-Antrim Senior High School who are pursuing a career in health care. They also awarded eight renewal scholarships for students in their second, third, and fourth years of college. The Endowment awarded \$28,000 in scholarships this year.



Garon Gembe, left, from the Greencastle-Antrim Endowment Committee, presented health-career scholarships from the Greencastle-Antrim Endowment to, left to right, (Back Row) Joel Hart, Jordan Noll, Kaylynn Leap, Sarah Douglas, Collin Miller, (Front Row) Anessa Reid, Riley Gelsinger, and Alexis Dougherty. Not pictured: Mary Hudak.

Priorities

The Summit Endowment Committee prioritized grant-making based on findings from the 2015 Summit Health Community Health Needs Assessment, which identified key issues including access to care, nutrition, physical activity, and mental health. Specific objectives that aligned with the Healthy People 2020 leading health indicators and the Pennsylvania Department of Health State Health Improvement Plan were developed. Federal- and state-level resources were used to categorize and better align grant-making to address the unmet needs of our community.

Successful applicants were required to participate in a Healthy Franklin County Task Force, continuing collaborative efforts in planning, supporting, and measuring their work. Grantees consistently reported the benefits of task force participation including resource sharing, relationship building, and shared excitement in the opportunity to work together to achieve real and lasting impact.