STROKE

MYTH vs FACT

Stroke cannot be prevented

Up to 80% of strokes are preventable

There is no treatment for stroke

Call 911 immediately. Treatment may be available.

Stroke only affects the elderly

Stroke can happen to anyone at any time

Stroke happens in the heart

Stroke is a “brain attack”

Stroke recovery only happens for the first few months after a stroke

Stroke recovery is a life-long process

Source: National Stroke Association