WellSpan Pulmonology’s new procedure

Recently, Dr. Tarkeshwar Tiwary of WellSpan Pulmonology completed the first Endobronchial Ultrasound Bronchoscopy (EBUS) at WellSpan Chambersburg Hospital. EBUS is a minimally invasive but high yield procedure that allows tissue samples to be obtained from lymph nodes around airways without conventional surgery.

It is utilized for diagnosing and staging lung cancer, detecting infections like tuberculosis, and identifying inflammatory lung diseases like sarcoidosis. The improved images make it easier to view difficult-to-reach areas and access more and smaller lymph nodes for biopsy for comprehensive diagnosis and staging in lung cancer. “Most people with newly diagnosed lung cancer must be appropriately staged and tissue needs to be obtained for genetic analysis for personalized treatment,” said Dr. Tiwary.

“Previously, we had to send these patients to other facilities to get EBUS. However, we are now excited to be able to provide this procedure for our patients. This will help us to formulate a comprehensive management plan here, locally, in a timely manner,” explained Dr. Tiwary. For questions or to refer a patient to WellSpan Pulmonology, call (717)-264-1600.

WellSpan Neurology (Chambersburg) welcomes new providers

WellSpan Neurology in Chambersburg recently added Dr. Sana Siddiqi and Michelle Nicholas, CRNP. Dr. Siddiqi completed a residency at John Hopkins Hospital and University of Tennessee. She completed her fellowship at John Hopkins Bayview Medical. Michelle obtained her nursing degree from Penn State University. To refer a patient to Dr. Siddiqi or Michelle you can call the office at (717) 262-2665.

WellSpan expanding services in Shippensburg

In early fall, WellSpan Health will bring OB/GYN, Pulmonology, and Cardiology services to the Shippensburg area. The practices will be in the WellSpan Shippensburg Health Campus on Progress Boulevard.
Doctor published in NEJM

A few months ago, Dr. Laszlo Madaras, a WellSpan Hospitalist, had an article he helped co-author published in the New England Journal of Medicine. The article is titled, *Social Distance and Mobility-A 39-Year-Old Pregnant Migrant Farmworker.* "In 2018, the new England Journal of Medicine decided to start publishing a series on Social Medicine addressing the challenges today’s clinicians are now facing in the early 21st Century,” said Dr. Madaras.

“They invited authors to submit articles that challenged, or shed new light, on concepts we had learned in past decades of medical education. These included social determinants of health; the challenge to "the medical home" when patients are mobile; consideration of vulnerabilities in the recently incarcerated patient; the need for compassionate but thorough physical examination of patients who identify as other than the gender on the birth certificate; and how to take an active primary care role in preventing work-related injury when environmental factors can be modified through team effort. The publication started in late 2018 and continues on a monthly basis now. In addition to being a WellSpan hospitalist, I am the chief medical officer for Migrant Clinicians Network (MCN).”

“MCN is an organization that has been working with migrant farm workers and, in recent years, mobile populations who are vulnerable due to climate change, sociopolitical change, or other factors which could act as barriers to good continuity of care. I started working as a primary care physician in Chambersburg at Keystone Health Center, working with the migrant farm worker population since 1996, and referred some mobile patients to MCN over the years. We have an organization within MCN called Health Network which helps connect mobile patients to community health centers across the country and internationally with mobile case management. One such mobile patient, who needed continual prenatal care but was unable to remain in the same community health center for the duration of her pregnancy, was the case study that we published in New England Journal of Medicine in March 2019.”

Provider Spotlight - Dr. Joshua Dunklebarger and Dr. Kanika Shanker

Dr. Joshua Dunklebarger and Dr. Kanika Shanker were both recently chosen by the Pennsylvania Medical Society (PAMED) as Top Physicians Under 40 for 2019 — an award that honors early career physician leaders. The doctors will be recognized along with the 38 other winners during a reception in October.

“We are very proud and fortunate to have Dr. Dunklebarger and Dr. Shanker as part of the WellSpan family,” said Niki Hinkle, Senior Vice President of Physician Services. “They both serve our community well and provide quality, compassionate care to our patients. This award is a testament to that.”