Good news...

- If you are a sufferer of urinary incontinence, you don’t have to live with the symptoms.
- Many new treatments are now available. Please complete the following questionnaire and bring it to your next appointment to discuss with your physician.

Did you know...

33 million people (1 out of 6 adults) in the U.S. are experiencing bladder control problems.

**Urinary Incontinence Questionnaire**

**Which symptoms best describe you?**

- Frequent Urination: Day, Night or Both
- Leaking with Sneezing, Coughing, Exercising
- Sudden or Strong Urge to Urinate
- Leaking with Urge or With No Warning
- Unable to Empty the Bladder
- Bladder or Pelvic Pain

**How often do you urinate in 24 hours?**

- ____ 2-4
- ____ 5-7
- ____ 8+

**How often do you get up in the night to urinate?**

- ____ 0-1
- ____ 2
- ____ 3+

**Do you usually have a strong sense of urgency to urinate?**

- Yes
- No

**Do you experience leakage of urine before getting to the restroom?**

- Yes
- No

**Do you ever wear pads/diapers due to leaking?**

- Yes
- No

**Do you need to catheterize because you are unable to urinate?**

- Yes
- No

**Do you still experience symptoms despite taking medications?**

- Yes
- No

If you are currently taking medications, how satisfied are you with how they are working?

- Very Satisfied
- Satisfied
- Neutral
- Dissatisfied
- Very Dissatisfied

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