

## Stay Safe: 7 Cyber Security Tips

**Today, we must remain vigilant to avoid cyber-attacks and identify theft.**

**Below are some important quick tips for you to remember:**

- Don't share your passwords with anyone. Avoid using common words, phrases, or personal information when selecting your password, and update your passwords regularly.
- Keep your computer up-to-date on anti-virus and other critical software.
- If you are receiving a request for personal information from a company or individual, contact them directly, not via email to validate the request.
- Pay attention to the URL or address of a website. Bad or fake sites may look identical to the site, but the URL may use a different spelling. It may have additional letters, or be a (.com) instead of a (.org) for example.
- In your email, turn off the option to automatically download attachments.
- On your mobile phone or tablet, only access the Internet over a secure network. Maintain the same vigilance you would on your computer with your mobile device.
- Be suspicious of unknown links or requests sent through email or text message. Do not click on unknown links or answer strange questions sent to your mobile device, regardless of who the sender appears to be.

Source: Department of Homeland Security